



Parent Booklet
Autumn Term 1
Who am I?



The early years foundation stage



Week 2 and 3 – Do you know me yet?

Week 5 – Am I healthy?

Week 7 – Is your house a home?

Week 8 – What is in your community?

Week 4 – How do you feel?

Autumn 1 – Who am I?

Week 6 – How well do you know your body?



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Week 2 and 3 – Do you know me yet?

Focus areas: Communication and Language; Personal, Social and Emotion Development; and Understanding the World.

- We will be introducing the children to their new classroom and encouraging them to explore all the areas. This is where they will have the chance to meet and play with their new friends and teachers.
- Children will be encouraged to talk about their family members, friends, home and likes and dislikes. They will have the opportunity to share pictures from home to their new friends and teachers.
- We will look at a range of books to talk about school readiness.
- We will be focusing on making sets, grouping, identifying and sorting in maths.

Week 5 – Am I healthy?

Focus areas: Physical Development, Communication and Language; and Expressive Arts and Design.

- We will be exploring cutting our own foods.
- We will be sorting foods into healthy and unhealthy.
- We will be encouraging children to explore new foods using their senses.
- We will learn how and why to keep our teeth clean.
- We will be exploring fruits and vegetables and how they differ through creating prints and patterns.

Week 7 – Is your house a home?

Focus areas: Communication and Language; and Expressive Arts and Design.

- We will be encouraging children to look at photos of their own house and creating a street in the role play area for children to draw comparisons.
- Children will be making models of different house types through a variety of construction materials.
- Children will be looking at what shapes make up a house.
- We will look at local maps and talk about where we have been in our local environments.
- We will look at the story of The Three Little Pigs and talk about the materials used to make houses.

Week 8 – What is in your community?

Focus areas: Communication and Language; Understanding the World and Expressive Arts and Design.

- We will be encouraging the children to talk about their family and find out what jobs their family members have.
- Children will be making models of different areas in the community using our construction area.
- Children will be looking at different buildings in our local environment.
- We will be talking about different jobs that people have within the community.
- We will create a shop scene for the children to explore role playing going to the shop.

Week 4 – How do you feel?

Focus areas: Communication and Language; Personal, Social and Emotion Development; and Expressive Arts and Design.

- We will take photos to visually represent our feelings and talk about when we might feel like this. Introducing sentence stemming using the word because. 'I feel happy because ...'
- We will look at a range of books to talk about our feelings and how to cope with these in new situations.
- We will use small world toys to create different scenarios for children to express how it makes them feel and how to respond appropriately.

Autumn 1 – Who am I?

Week 6 – How well do you know your body?

Focus areas: Physical Development and Communication and Language;

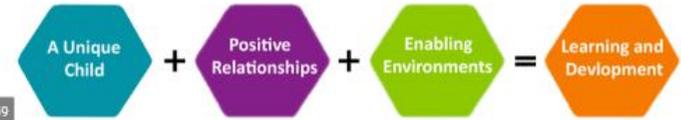
- We will look at different body parts and introducing new vocabulary.
- We will look at texts such as Funny Bones to draw links between books and real life.
- We will explore what our bodies can do and how they can move using fine and gross motor skills.
- The children will challenge themselves to explore new skills such as balancing, hopping and coordination.



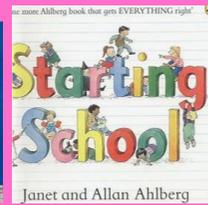
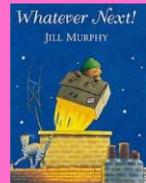
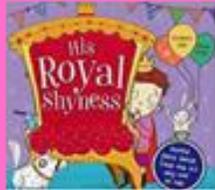
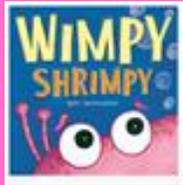
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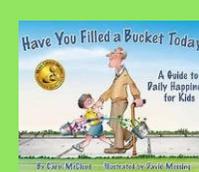
The early years foundation stage



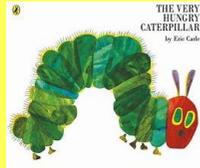
Week 2 and 3 – Do you know me yet?



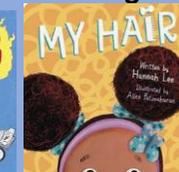
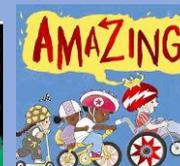
Week 4 – How do you feel?



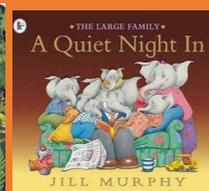
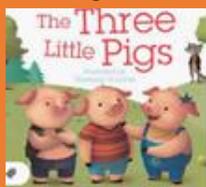
Week 5 – Am I healthy?



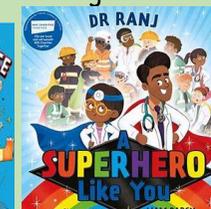
Week 6 – How well do you know your body?



Week 7 – Is your house a home?



Week 8 – What is in your community?





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WEEK 2 and 3 8 th – 19 th September Key Focus for the week: Do you know me yet?	
Key questions to ask at home:	Key vocabulary
Who is in your family? Who do you trust? How many people are in your family? What does your name look like? What is the name of your new class teacher? Do you know any people in your class? Have you made any friends? What do you like to do? What is special about you? Do you know any else at All Saints' school in a different class? What is your favourite colour? Can you sort and tidy your toys? Have you learnt any new sound this week? Can you find the sounds in our house? What letters and numbers can you find in your environment?	I, me, you, family, mum, mother, dad, father, brother, sister, sibling, different, similar, cousin, uncle, auntie, like, dislike, friends, new, classroom,
Silver thread: (The silver thread is an independent skill that children need to be able to do in school) I can respond appropriately to my name being called.	

WEEK 4 Date: 22 nd – 26 th September Key Focus for the week: How do you feel?	
Key questions to ask at home:	Key vocabulary
How do you feel? What makes you feel happy, grumpy, sad, confused, scared, worried, nervous, surprised, cross? How can you make others feel happy? How do you make me feel proud of you? What makes you feel sad? What do you do when you feel sad? Is there a place that makes you feel happy?	Grumpy, shy, because, excited, confused, worried, scared, embarrassed, surprised, nervous, happy, sad, shocked, proud, cross, angry, feelings, emotions
Silver thread: I can answer the register confidently	

WEEK 5 Date: 29 th September – 3 rd October Key Focus for the week: Am I healthy?	
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Key questions to ask at home:	Key vocabulary
What is your favourite food? Do you know any healthy or unhealthy foods? How do you keep your body healthy? Can you make a healthy snack? Can you follow a recipe? What sounds that you know can you find in the recipe? Can you cut your food? What do we use our senses for? Where do you eat your dinner? What time do you eat throughout the day? What's the difference between breakfast and dinner? How do you keep safe at mealtimes?	Food, taste, cook, dinner, lunch, tea, breakfast, chop, safety, healthy, unhealthy, sense, touch, taste, sight, smell, explore, sour, sweet, bitter, salty.
Silver thread: <i>I am willing to try new foods.</i>	

WEEK 6 Date: 6 th – 10 th October Key Focus for the week: How well do you know your body?	
Key questions to ask at home:	Key vocabulary
Can you name your body parts? What do you use your body parts for? Do you know a song about your body parts? How do you look after your body? Why do you brush your teeth? Why do we need to have a shower or bath? Can you jump, skip, hop and run? Is your body the same as mine? Why? Can you find your nose? Can you touch your stomach, then your toes?	Body, head, shoulders, knees, toes, back, stomach, chest, elbow, eyebrows, thighs, calves, ankles, wrist, next, waist, bones, skeleton, heart, lungs, ribs, spine
Silver thread: <i>I can go to the toilet independently.</i>	

WEEK 7 13 th – 17 th October Key Focus for the week: Is your house a home?	
Key questions to ask at home:	Key vocabulary
What does your house look like? Can you see any shapes in your house? What colours are in your house? Can you make your house out of...? What do you do in your house? What journeys have you been on? Can you find... on a map? What sort of house do you live in? How many rooms do you have in your house? How do you build a house? How do you travel around	Peterborough, house, home, build, family, rooms, lounge, dining room, bedroom, kitchen, garage, village, town, city, detached, semi-detached, bungalow, cottage, flat,



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Peterborough? How do you travel to school? What do you use a garden for? What country do you live in? Have you visited any other countries? What is the difference between your school and your house? Do you need a capital letter for a place?

apartment, country, England

Silver thread: *I can take my coat on and off independently.*

WEEK 8

Date 20th – 24th October

Key Focus for the week: *What's in your community?*

Key questions to ask at home:

Key vocabulary

Who can help you? How can you stay safe in your community? Where do you live? Do you live near a shop? What is an emergency? How can you get help? What do the police do? Who is a safe adult? What do you do in your job? How do you help? What do you have to wear? Where do you go? Who do you work with?

Uniform, emergency, community, contact, unsafe emergency services, career, police, help, fireworks fire engine, safe, risk, matches fire hot alarm careful,

Silver thread: *I can talk to a range of others using new vocabulary.*



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Common exception words to learn in the first half term (remember the children have to learn these by sight, they cannot sound them out):

Words to learn to blend in the first half term:

the	to	no
a	I	go
do	you	is

1.4

h <u>e</u> n	h <u>i</u> t	h <u>a</u> d
f <u>a</u> n	f <u>a</u> t	l <u>o</u> g
sh <u>o</u> p	f <u>u</u> n	l <u>i</u> p
f <u>i</u> sh	sh <u>i</u> p	l <u>e</u> t

1.1

a <u>t</u>	m <u>a</u> t	s <u>a</u> t
m <u>a</u> d	d <u>a</u> d	s <u>a</u> d

1.3

u <u>p</u>	c <u>u</u> p	m <u>u</u> d
k <u>i</u> t	b <u>e</u> d	g <u>e</u> t
m <u>e</u> t	b <u>i</u> n	ba <u>d</u>
c <u>a</u> t	c <u>a</u> n	c <u>o</u> t

1.2

g <u>a</u> p	p <u>a</u> n	t <u>o</u> p
g <u>o</u> t	d <u>o</u> g	p <u>i</u> n
t <u>i</u> p	p <u>i</u> g	d <u>i</u> g
s <u>i</u> t	i <u>t</u>	i <u>n</u>
o <u>n</u>	a <u>n</u> d	a <u>n</u>

1.5

j <u>e</u> t	w <u>e</u> t	v <u>e</u> t
y <u>e</u> s	w <u>i</u> sh	w <u>e</u> b
y <u>e</u> t	ja <u>m</u>	ya <u>p</u>
jo <u>g</u>	w <u>i</u> n	y <u>u</u> m
ra <u>t</u>	re <u>d</u>	ru <u>n</u>