

ALL SAINTS' CHURCH OF ENGLAND PRIMARY SCHOOL

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Loving to learn, learning to love

Advice on filling out your Child Information Form for Food in School

On the child information form there is a small section for you to let us know of any dietary requirements your children may have. We would ask you to fill this section out with care as it could have an effect on the food choices your child may be given. Below is a basic guide to help you in completing this part of the form.

NONE - Circle this option if your child is allowed any foods.

HALAL - We have been providing Halal meat at All Saints for a number of years and have robust systems in place to avoid cross contamination. We have a certificate of authenticity for our fresh meat which you can pick up from the front office. Please circle this option if your child requires Halal foods.

VEGETARIAN - If you circle this selection your child will not be given any products containing meat or fish. If you would like your child to eat fish but not meat, please mark this in the box below these options.

VEGAN - Only circle this option if you do not want your child to eat any foods that are of animal origin, this will include anything that contains milk, eggs, meat or fish, butter, yoghurts etc.

OTHER DIETS - If your child has any other religious dietary requirements other than Halal, ie no Pork or Beef, or any medical food requirements other than allergies/intolerances ie diabetes/coeliac please mark this in the 'dietary requirements' box.

ALLERGENS & INTOLERANCES - It is very important that you let us know of any allergies or intolerances that your child has. These are foods that can make your child feel unwell and can range from a slight stomach ache to anaphylaxis. Please be as specific as possible, ie 'eggs' not 'cake', 'lactose' not 'yoghurt', otherwise this may limit what we can give your child. **ALWAYS CONSULT YOUR DOCTOR IF YOU HAVE ANY CONCERNS.**

