



PSHE Long Term Overview

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	<p>Beginning and Belonging (Myself and My Relationships) Settling into a new school year and feeling safe and happy.</p>	<p>Rights, Rules and Responsibilities (Citizenship) Real life experience of developing class rules together.</p>	<p>Beginning and Belonging (Myself and My Relationships) Settling into a new school year and feeling safe and happy.</p>	<p>Rights, Rules and Responsibilities (Citizenship) Real life experience of developing class rules together and why we need to have rules.</p>	<p>Beginning and Belonging (Myself and My Relationships) Settling into a new school year and welcoming new people and new responsibilities.</p>	<p>Rights, Rules and Responsibilities (Citizenship) Settling into a new school year and learning about how an individual's behaviour impacts others.</p>
Autumn 2	<p>My Emotions (Myself and My Relationships) Settling into a new school year and feeling safe and happy.</p>	<p>Family and Friends (Myself and My Relationships) Managing friendship issues.</p>	<p>My Emotions (Myself and My Relationships) Children develop their knowledge about themselves and managing their emotions.</p>	<p>Family and Friends (Myself and My Relationships) Children develop their knowledge about themselves and the qualities they bring to friendships.</p>	<p>My Emotions (Myself and My Relationships) Follows on from previous unit and links to work in RE on community.</p>	<p>Family and Friends (Myself and My Relationships) Children develop their knowledge about themselves and the qualities they bring to friendships. Learning about online friendships and interactions.</p>
Spring 1	<p>Working Together (Citizenship) Learning to work together in groups without adult support.</p>	<p>Diversity and Communities (Citizenship) Financial Capability (Economic Wellbeing) Focus on class and what makes us different. Progress from previous unit which focused on self.</p>	<p>Working Together (Citizenship) Focus on class and working collaboratively. Progress from previous unit which focused on self.</p>	<p>Diversity and Communities (Citizenship) Learning about how families are different before Relationship Education unit on secure relationships.</p>	<p>Diversity and Communities (Citizenship) Builds on previous unit focusing on self to move on to community. Links to work in RE on communities.</p>	<p>Financial Capability (Economic Wellbeing) Prior learning before young enterprise work in the summer term.</p>
Spring 2	<p>Healthy Lifestyles (Healthy and Safer Lifestyles) Learning to keep safe before the weather gets warmer and the children go swimming.</p>	<p>Personal Safety (Healthy and Safer Lifestyles) Taught after rights and responsibilities lesson as focus on class rules. Strong relationships between staff and children developed as focuses on idea of trusted adults.</p>	<p>Managing Risk (Healthy and Safer Lifestyles) Previously learnt about emotions.</p>	<p>Drug Education (Healthy and Safer Lifestyles) Maturity of children. Drugs education needs to be taught. Relationship Education taught at the same time across the school.</p>	<p>Diversity and Communities (Citizenship) Builds on previous unit focusing on self to move on to community. Links to work in RE on communities.</p>	<p>Drug Education (Healthy and Safer Lifestyles) Builds on work from Year 4. Maturity of children. Drugs education needs to be taught. Relationship Education taught at the same time across the school.</p>



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<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Summer 1</p>	<p>Relationships Education (Healthy and Safer Lifestyles) <i>Maturity of children. Topic of names of body parts taught in Science.</i></p>	<p>Relationships Education (Healthy and Safer Lifestyles) <i>Maturity of children. Some content already covered in Year 2 Statutory NC Science.</i></p>	<p>Relationships Education (Healthy and Safer Lifestyles) <i>Maturity of children. Good relationships developed between class teacher and parents.</i></p>	<p>Relationships Education (Healthy and Safer Lifestyles) <i>Maturity of children. Good relationships developed between class teacher and parents.</i></p>	<p>Relationships Education (Healthy and Safer Lifestyles) <i>Maturity of children. Good relationships developed between class teacher and parents.</i></p>	<p>Relationships Education (Healthy and Safer Lifestyles) <i>Maturity of children. Good relationships developed between class teacher and parents.</i></p>
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Summer 2</p>	<p>Managing Risk (Healthy and Safer Lifestyles) <i>In science learnt about healthy eating and other PSHE units important of hygiene so sensible place for this unit to build on previous knowledge.</i></p>	<p>Managing Change (Myself and My Relationships) <i>Reflecting on change as they prepare to move up to Year 3.</i></p>	<p>Healthy Lifestyles (Healthy and Safer Lifestyles) <i>Some elements covered in science and other PSHE units importance of hygiene so sensible place for this unit to build on previous knowledge.</i></p>	<p>Managing Change (Myself and My Relationships) <i>Maturity of the children and preparing for changes in the next school year.</i></p>	<p>Safety Contexts (Healthy and Safer Lifestyles) <i>Some elements covered in science and other PSHE units so sensible place for this unit to build on previous knowledge.</i></p>	<p>Managing Change (Myself and My Relationships) <i>Learning how to cope with change before transitioning to secondary school.</i></p>