

Events and Courses



July 2025 – Look what's new this month!

Please note, all our activities are FREE, and are open to all (even if you are not a CKH resident) unless otherwise stated.

Creative Nature – Activities blending creativity, nature and wellbeing in a unique way, especially designed for 18 to 25 year olds.

Wednesday 2nd & 9th July 2025

12pm – 4pm

WestRaven Community Garden, Hartwell Way, PE3 7LX

To book your place visit: <https://www.westraven.co.uk/creative-nature>

For more information follow WestRaven Cross Keys Homes Community Café & Garden CIO: <https://www.westraven.co.uk/>

Gardening club – Continuing with the growing season as we prepare the garden to grow loads of lush fruit & veg. Aimed at beginners and experienced gardeners.

Thursday 3rd, 10th & 17th July 2025

12pm – 2pm

WestRaven Community Garden, Hartwell Way, PE3 7LX

To register your interest, complete the online form

<https://www.eventbrite.co.uk/e/gardening-club-learn-how-to-grow-fruit-veg-tickets-1308565497629>

For more information follow WestRaven Cross Keys Homes Community Café & Garden CIO: <https://www.westraven.co.uk/>

Bingo – Join us for a night of Bingo at the community Café. Book of 6 tickets (12 games) is £5, FREE Burger and chips meal included.

Friday 4th July, 2025

Starts 6pm

Westraven Community Café, 24-28 Hampton Court, Westwood PE3 7JA

Booking is essential, either pop into the Café or give them a call to book your place on 01733 330040



Create a Wildlife Garden – Creating new Habitats, plant up borders, sow wildflowers, plant trees, build bee hotels and install bat boxes.

Monday 7th & 14th July 2025

11am – 3pm

WestRaven Community Garden, Hartwell Way, PE3 7LX

To book your place visit - <https://www.eventbrite.co.uk/e/create-a-wildlife-garden--tickets-1395346923209>

For more information follow WestRaven Cross Keys Homes Community Café & Garden CIO: <https://www.westraven.co.uk/>

Fireside Stories - Share songs, stories and poems by the fire. Aimed at those aged 16+

Wednesday 9th July 2025

6pm – 8pm

WestRaven Community Garden, Hartwell Way, PE3 7LX

To book your place visit –

<https://www.eventbrite.co.uk/e/fireside-stories-share-songs-stories-and-poems-inspired-by-nature-tickets-1421255526539>

For more information follow WestRaven Cross Keys Homes Community Café & Garden CIO: <https://www.westraven.co.uk/>



Stress Less - Understand where anxiety and stress originate Learn about the physiological effects of anxiety Learn how to manage anxiety for interviews Learn how to improve confidence.

Thursday 10th July 2025

1pm – 3pm

Westwood Community Hub, 31-35 Hampton Court, Westwood PE3 7JB.

To register your interest, complete the online form -

<https://www.crosskeyshomes.co.uk/mental-health-support-enquiry> or email community@crosskeyshomes.co.uk or call 01733 396404 for more details and to book your place.

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>

Evening Talk & Discussion - Join Luke and Lauren for a talk and Q&A about their Place for Nature, a Space to Grow project. Aimed at those aged 16+

Tuesday 15th July 2025

6pm – 8pm

WestRaven Community Garden, Hartwell Way, PE3 7LX

For more information follow WestRaven Cross Keys Homes Community Café & Garden CIO: <https://www.westraven.co.uk/>

Herbs for Health – Explore the garden for the many wildflowers. 'weeds' and everyday herbs. Learn how to use them to support health and wellbeing.

Friday 18th July 2025

10am – 12pm

WestRaven Community Garden, Hartwell Way, PE3 7LX

To register your interest visit - <https://www.eventbrite.co.uk/e/herbs-for-health-learn-how-to-use-plants-for-your-health-tickets-1360241000449>

For more information follow WestRaven Cross Keys Homes Community Café & Garden CIO: <https://www.westraven.co.uk/>



Den Building - Family fun building Dens together. A great way to start the summer holidays! Plus, nature activities and outdoor play.

Monday 21st & Tuesday 22nd July 2025

10am – 3pm

WestRaven Community Garden, Hartwell Way, PE3 7LX

To register your interest visit - <https://www.eventbrite.co.uk/e/den-building-day-tickets-1407033066779>

For more information follow WestRaven Cross Keys Homes Community Café & Garden CIO: <https://www.westraven.co.uk/>

Tenancy Readiness Course - This course covers understanding your tenancy agreement, tenant and landlord rights and responsibilities, navigating housing benefits and Universal Credit, council tax obligations, setting up utilities and other bills, budgeting for rent and bills, and maintaining property standards

Wednesday 23rd July 2025

11am – 2pm

Hope House Hostel, 69-71 High Street, Fletton PE2 8EW

To register your interest, complete the online form -

<https://www.crosskeyshomes.co.uk/tenancy-readiness-course> or email community@crosskeyshomes.co.uk or call 01733 396404 for more details and to book your place.

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>



HAF Summer Holiday programme – Summer HAF Programme over 5 weeks, for children who are eligible for free school meals that are primary school aged 5-11 years.

Week 1 – Wednesday 23rd & Thursday 24th July 2025

Week 2 – Monday 28th – Thursday 31st July 2025

Week 3 – Monday 4th – Thursday 7th August 2025

Week 4 – Monday 18th – Thursday 21st August 2025

Week 5 – Wednesday 27th & Thursday 28th August 2025

9am – 1pm

WestRaven Community Café, Hampton Court, Westwood, PE3 7JA

HAF Summer Holiday programme – Summer HAF Programme over 5 weeks, for children who are eligible for free school meals that are aged 11-16 years.

Week 1 – Wednesday 23rd & Thursday 24th July 2025

Week 2 – Monday 28th – Thursday 31st July 2025

Week 3 – Monday 4th – Thursday 7th August 2025

Week 4 – Monday 18th – Thursday 21st August 2025

Week 5 – Wednesday 27th & Thursday 28th August 2025

12pm – 4pm

WestRaven Community Café, Hampton Court, Westwood, PE3 7JA

To find out more contact – danielle.parkin@crosskeyshomes.co.uk or book via <https://eequ.org/experience/8615>



On-going sessions - Daily

Before School Breakfast – Westraven Café is opening to provide a breakfast for children before heading off to school.

Available daily Monday - Friday during July – term time

8am – 8.30am

Westraven Community Café, 24-28 Hampton Court, Westwood PE3 7JA

No need to book, families can just turn up!

Warm drink – Westraven Café is opening as a warm hub serving free tea and coffee to anyone.

Available daily Monday – Friday during July

8am – 3pm

Westraven Community Café, 24-28 Hampton Court, Westwood PE3 7JA

No need to book, just pop along to the warm hub

Warm soup & a Roll for anyone – Westraven Café is opening as a warm hub serving soup to anyone.

Available daily Monday – Friday during July

11am – 2pm

Westraven Community Café, 24-28 Hampton Court, Westwood PE3 7JA

No need to book, just pop along to the warm hub

Community Library – Pop in and pick up a book to take home to read or sit in the hub and read it with company.

Available daily Monday - Thursday during July

9.30am – 4pm

Westwood Community Hub, 31-35 Hampton Court, Westwood PE3 7JB.

No need to book, just pop in and get reading!

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>



On-going sessions - Weekly

Stop Smoking Support - Stop smoking clinic you can access a free vape with e liquid and ongoing support (12 weeks), face to face and telephone. Referral only.

Every Monday during July

9.30am – 12.30pm

Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB

To register your interest to be referred, complete the online form -

<https://www.crosskeyshomes.co.uk/health-and-wellbeing>

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>

Stay & Play – Weekly term time stay and play group for 0-5 year olds with toys, arts, crafts and singing. Drink and snack included – Cost £1 per child

Every Monday during July – Term time only

10am – 11.30am

WestRaven Community Café, Hampton Court, Westwood, PE3 7JA

No need to book, just come along on the day.

For more information follow WestRaven Cross Keys Homes Community Café & Garden

CIO: <https://www.westraven.co.uk/>

Weight management for Mental Health - You'll join a programme of 12 weeks of face-to-face coaching, either online or in person to help you to make healthy food choices and increase your activity levels.

Every Monday during July

11.30am – 1.30pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

To register your interest, complete the online form -

<https://www.crosskeyshomes.co.uk/health-and-wellbeing> or email

community@crosskeyshomes.co.uk or call 01733 396404 for more details and to book your place.

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>

 info@crosskeyshomes.co.uk

 www.crosskeyshomes.co.uk

 CrossKeysHomesPeterborough

 @CrossKeysHomes



Chair Exercises – aimed at those over the age of 55, all abilities welcome.

Every Monday during July – Term time only

1pm – 1.45pm

Westraven Community Café, 24-28 Hampton Court, Westwood PE3 7JA

To find out more contact – danielle.parkin@crosskeyshomes.co.uk

For more information follow WestRaven Cross Keys Homes Community Café & Garden CIO: <https://www.westraven.co.uk/>

Making Space - A build-up of items in the home, difficulty parting with items and hoarding can affect health, wellbeing and lifestyle. It also poses a significant risk of fire and illness. Our support group is a non-judgmental, confidential and supportive, giving advice and practical solutions for anyone who has difficulty parting with possessions.

Every Monday during July

1pm – 3pm

Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB

Pre-booking is essential, to book your place complete the booking form on our website <https://www.crosskeyshomes.co.uk/mental-health> or email community@crosskeyshomes.co.uk or call 01733 396404.

For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>

1st Bretton Rainbows session at South Bretton – For girls aged 4-7 years, come along and join the fun at Rainbows.

Every Monday during July – Term time only

6pm – 7.15pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

Register your interest by contacting susanelkins1985@gmail.com



Careers Club – Weekly Employability support sessions with IT access and 121 support – Includes creating or updating your CV, job search, interview practice.

Monday 7th July 2025

2pm – 4pm

Hampton Library, Clayburn Road, PE7 8GL

Every Tuesday during July

9.30am – 12.30am

Orton Library, Bushfield, Ortongate, PE2 5RQ

Every Tuesday during July

9.30am – 12.30am

CKH Customer Central, Bridge Street PE1 1DT

Every Thursday during July

10am – 12pm

Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB

Employment support is also available throughout the week, either over the phone, via email or a booked face to face appointment.

Pre-booking is essential, please complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/finding-work> or email community@crosskeyshomes.co.uk or call 01733 396404 to book your place.

For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>



Song, Rhyme & Story Time – Run by Barnardo's Song, rhyme & story Time, Early language & literacy for children aged 0-5 years.

Every Tuesday during July

9.30am – 10.15am

WestRaven Community Café, Hampton Court, Westwood, PE3 9JA

Every Tuesday during July

11am – 12pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

For more details call 01733 574038 or just come along on the day, no need to book.

Barnardo's Young Parent Group – Weekly drop-in support and play group for young parents and their children under 5 years of age, come along make friends and meet other young parents.

Every Tuesday during July

10am – 11.30am

Honeyhill Child & Family Centre, 150 Chadburn, Paston, PE4 7DH

Call 01733 574038 for more information.

Every Thursday during July

1pm – 2.30pm

Orton Children & Family Centre, 74 Herlington, Orton Malborne, PE2 5PW

Call 01733 391652 for more information.

More details about the sessions being delivered by Barnardo's can be found here-
<https://www.haypeterborough.co.uk/activities/barnardos-child-and-family-centres/>

Little Bears, Stay and Play – Cambridgeshire child and family centre run all round stay and play session with messy play, construction and crafts, suitable for 0-5 year olds. Costs £2 per session, concessions available

Every Tuesday during July

10am – 11.30am

Judiths Field Pavilion, London Road, Godmanchester, PE29 2WB

Call 01480 372700 or email childandfamily.hunts@cambridgeshire.gov.uk for more details.



Job Seekers Toolkit – Improve your knowledge and add to your CV by completing a range of job-related courses as detailed below.

Food Hygiene Level 1 & 2 – Gain a Level 1 Food Hygiene Qualification for anyone wanting to work in catering or a kitchen.

Every Tuesday during July

10am – 12pm

Every Wednesday during July

10am – 12pm or 1pm – 3pm

Health & Safety Level 1 - Eight self-contained training modules included in this course cover the key syllabus of Level 1 Health and Safety qualifications.

Health & Safety Level 2 - Nine easy-to-manage training modules included in this course cover the key syllabus of Level 2 Health and Safety qualifications.

Every Tuesday during July

10am – 12pm

Every Wednesday during July

10am – 12pm or 1pm – 3pm

Manual Handling - There are six training modules that make up this course, which cover the key syllabus.

Every Tuesday during July

10am – 12pm

Every Wednesday during July

10am – 12pm or 1pm – 3pm

Course can be completed online or in person at our Westwood Community Hub, 31-35 Hampton Court, Westwood PE3 7JB.

Pre-booking is essential, please complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/get-a-qualification> or email community@crosskeyshomes.co.uk or call 01733 396404 to book your place

For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>



Learn My Way – Basic IT introduction course for beginners – learn how to stay safe online and use the internet.

Every Tuesday during July
10am – 12pm

Every Wednesday during July
10am – 12pm or 1pm – 3pm

Westwood Community Hub, 31-35 Hampton Court, Westwood PE3 7JB.

Pre-booking is essential, please complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/learn-computer-skills> or email community@crosskeyshomes.co.uk or call 01733 396404 to book your place

For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>

Little Feet – Parent and toddler dance class, £2 a session. Aimed at children 0-6 years

Every Wednesday during July – Term time only

9.45am – 10.15am

Westraven Community Café, 24-28 Hampton Court, Westwood PE3 7JA

Book your place email – danielle.parkin@crosskeyshomes.co.uk

For more information follow WestRaven Cross Keys Homes Community Café & Garden CIO: <https://www.westraven.co.uk/>



Functional Skills – Having a good level of English and Maths skills are important in all areas of your life. Improving them will help you gain employment, gain access to further education, and support other family members with their own learning. We are offering FREE access to the BKSb portal so that you can learn, improve and gain a national recognised qualification in Functional Skills English and Maths

Every Wednesday during July

10am – 12pm or 1pm – 3pm

Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB

Pre-booking is essential, please complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/get-a-qualification> or email community@crosskeyshomes.co.uk or call 01733 396404.

For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>

Gardening for your Mental Health - Get involved with building a community garden. There are always various jobs to do from watering plants to digging over ground. Meet new people, share experiences, learn new skills in a safe environment.

Every Wednesday during July - subject to change.

10am – 3pm

Olive Road Wellbeing Garden, Dogsthorpe, PE1 4PT

To register your interest, complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/garden> or email community@crosskeyshomes.co.uk call 01733 396404 for more details

For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>

Chair Yoga – Yoga classes aimed at those over the age of 55, for all abilities.

Every Wednesday during July – Term time only

10.30am – 11.15am

Westraven Community Café, 24-28 Hampton Court, Westwood PE3 7JA

To find out more contact – danielle.parkin@crosskeyshomes.co.uk

For more information follow WestRaven Cross Keys Homes Community Café & Garden CIO: <https://www.westraven.co.uk/>



Maintaining Space - A support group for people who would like to reduce the clutter within their home.

Wednesday 9th & 23rd July 2025

11am – 12.30pm

Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB

To find out more either email community@crosskeyshomes.co.uk or call 01733 396404.

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>

South Bretton Youth Club – Provided by Families First. Aimed at those aged 12-19 years old, with activities including cooking, crafts, games, table tennis and much more!

Every Wednesday during July - Term time only

6pm – 7.30pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

Please contact Cherry Lester on 07851 424925 for further information or visit

www.facebook.com/familiesfirstpeterborough

For more information follow Cross Keys Homes on Facebook.

<https://www.facebook.com/crosskeyshomespeterborough/>

Zumba – for those over the age of 55, every Wednesday

Every Wednesday during July

6.30pm – 7.15pm

WestRaven Community Café, Hampton Court, Westwood, PE3 7JA

Booking is essential, either pop into the Café or give them a call to book your place on 01733 330040

For more information follow WestRaven Cross Keys Homes Community Café & Garden

CIO: <https://www.westraven.co.uk/>



Falls Prevention Sessions – Delivered by Healthy You, running a Falls prevention 121 and group advise sessions, aimed at those over 65 years of age.

Every Thursday during July

9.30am – 3pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

To register your interest, complete the online form -

<https://www.crosskeyshomes.co.uk/health-and-wellbeing> or email community@crosskeyshomes.co.uk or call 01733 396404 for more details and to book your place.

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>

WestRaven Little Wanderers – Play session where children can explore, grow, play and learn new skills. For children from crawling to 5 years. Costs £3.50 per session.

Every Thursday during July – Term time only

9.30am – 11am

WestRaven Community Garden, Hartwell Way, PE3 7LX

Booking is essential, to book your place email – danielle.parkin@crosskeyshomes.co.uk

For more information follow WestRaven Cross Keys Homes Community Café & Garden CIO: <https://www.westraven.co.uk/>

Friendship & Games Club – Friendly club for conversation, games, and friendship. Meet new people. There will be free tea, coffee, and cakes, plus loads of board games.

Every Thursday during July

10am – 12pm

WestRaven Community Café, Hampton Court, Westwood, PE3 7JA

No need to book, just come along and join in!

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>



Brownies session at South Bretton – For girls aged 7-10 years, come along and join Brownies. You can be creative, active, learn new skills make new friends, have adventures and have lots of fun.

Every Thursday during July – Term time only

6pm – 7.30pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

Register your interest by visiting www.girlguiding.org.uk/joinus or call 0800 169 5901

NCT - Chill & Chat session – Delivered by National Childbirth Trust and hosted by NCT Peer Supporters – Bumps & babies group for young children aged 0-5 years and parents. No need to book just come along to the session.

Every Friday during July

10am – 11.30am

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

For more information visit - <https://www.crosskeyshomes.co.uk/mental-health>

Men Together Group – If you enjoy fixing and making things in the company of others, come along and join us. Many come just for the tea and banter, and men of any skill/experience over the age of 18 are welcome.

Every Friday during July

12.30pm – 2.30pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

Pre-booking is essential, to book your place complete the booking form on our website <https://www.crosskeyshomes.co.uk/mental-health> or email community@crosskeyshomes.co.uk or call 01733 396404.

For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>