

Working Together in RSE

All Saints CE Primary

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[@PSHECambs](https://twitter.com/PSHECambs)

How safe are the children?

Our Working Agreement

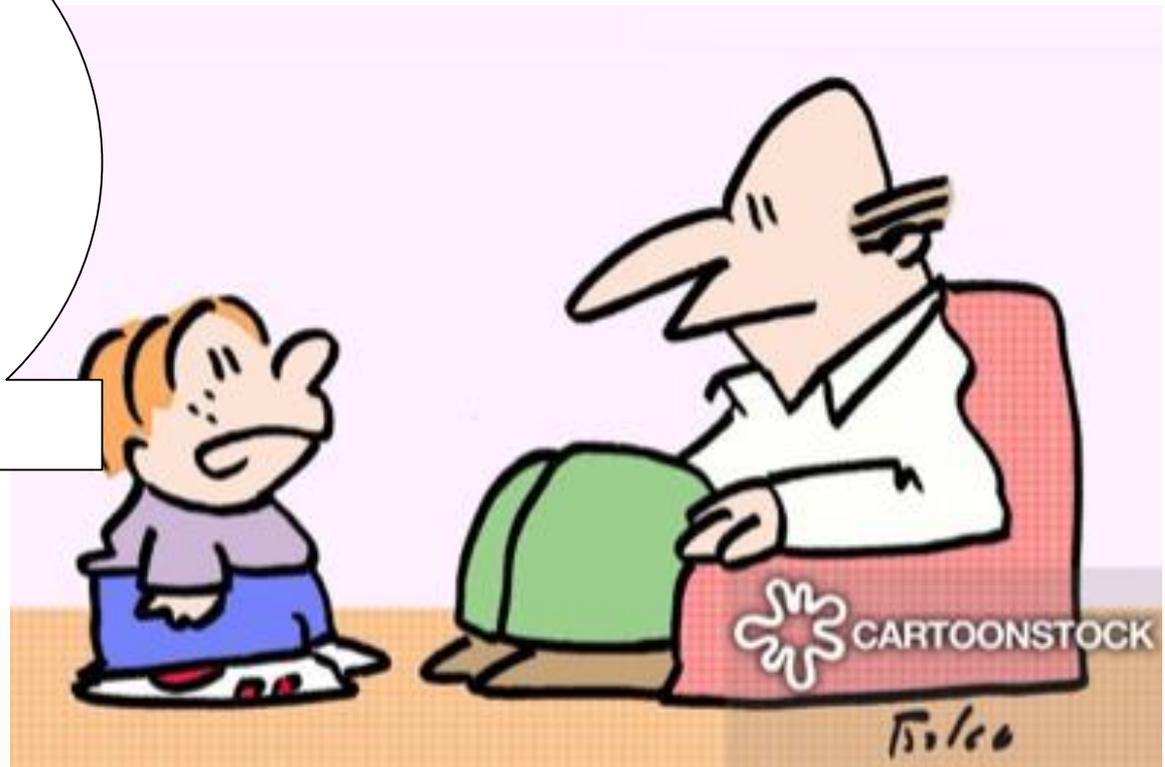
- We all have the right not to answer personal questions.
- We recognise and respect everyone's right to hold their own view.
- If people share personal views or information, we will treat these confidentially.
- School staff will describe how they will follow up any comments or requests.

Virtual Ground Rules

- Stay on mute if you're not talking when we're all together.
- If you'd like to ask something raise your hand (either physically or virtually)
- If possible, please keep your video on throughout.
- Write any questions in the chat.

Introductions

Dad? This birds and bees stuff...has it been fact checked?



What is PSHE?

Personal, Social and Health Education

Learning about

- Myself and my relationships
- Healthy and safer lifestyles
- Respect, diversity and citizenship
- Economic wellbeing

What is Relationship Education?

- Families and people who care for me
- Caring Friendships
- Respectful relationships
- Online relationships
- Being Safe

What is Health Education?

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Drugs, alcohol and tobacco
- Health and prevention
- Basic first aid
- Changing adolescent body

What is Sex Education?

- How a baby is conceived and born

What science links to sex education?

- human lifecycle, sexual reproduction in plants and animals

Key Areas of RSE in Primary School

- Develop confidence in talking, listening and thinking about feelings and relationships
- About families, their variety and importance for bringing up children
- Naming parts of the body
- Ways to keep safe and ask for help
- Preparing for puberty
- Personal hygiene and disease prevention
- How a baby is made and develops

School's duties and wider context

- Information giving about curriculum
- Faith contexts
- The law
- People's needs and views
- Consultation about policy
- Joint Mosque Council / DEMAT

When should school teach different topics?

Understanding about families' responsibilities for children

Naming parts of the body

Building confidence to keep safe and ask for help

Preparing for puberty

How a baby is made and develops

Progression of RSE Skills

Body Functions and changes

- **Yr 1/2** To describe what their bodies can do.
- To describe how they have changed since they were a baby
- **Yr 3/4** To describe new skills and how their body is changing
- **Yr 5/6** To know and understand about the physical changes that take place at puberty, why they happen and how to manage them
- To understand that physical change happens at different rates for different people

Progression of RSE Skills

Parents, Carers and Families

- **Yr 1/2** To understand the needs of babies and young children.
- **Yr 3/4** To consider the responsibilities that parents and carers have for babies and children.
- **Yr 5/6** To consider the need for trust and love in marriage and established relationships.
- To have a basic awareness of responsible parenting choices.
- To understand and respect a wide range of family arrangements e.g. second marriages, fostering, same sex partners and extended families.

Any questions?

Answering Children's Questions

- Acknowledge the question and give the message that it is okay to ask.
- Check out the context of the question.
- Buy some time.
- Check that the child understands.
- Ask a friend for suggestions.
- Find out if you don't know.
- Give the answer in the context of your own faith, culture and family values.

What information helps parents?

- Leaflet
- Information on the website
- Chance to speak to teachers

Talking about RSE

If families talk about relationships, bodies and sex openly and honestly, young people are:

- More likely to be able to keep themselves safe from abuse
- More prepared for puberty and the changes they experience
- More likely to resist pressure to have unwanted sex
- More likely to delay having sex for the first time
- More likely to use contraception if they do have sex
- Less likely to have an unplanned pregnancy or to get a sexually transmitted infection.