



Welcome back to the second edition of the Cosy Crew. In this week's edition we have plenty to keep you busy, from NASA space fun to Strictly Dance moves. Keep sending us your Wonderful Art projects we will choose one to feature each week.

Stay safe, Have Fun!

**Create a Gratitude Jar –**  
What are you thankful for in your life?

- glass or plastic jar
- scissors
- paintbrush
- white glue
- Gratitude Jar label
- tissue paper or colourful paper
- paper scraps to record your moments of gratitude



This Activity is taken from Twinkl.  
For more, including a free home learning pack, visit <https://www.twinkl.co.uk/>

# Learning

There are lots of online resources so you can learn exciting new things every day at home!



Fancy a visit to the visit to the ZOO from your own living room?

Check out live streaming on [Mango link](#) of Zoo's all around the world. See your favourite animals in their habitats during lock down!



Calling all space cadets! Join [NASA](#) for some space fun with DIY projects, space activities, colouring sheets, online games and puzzles!



## Online Fun!

**Calling all Lego fans:** check out [The Play Zone](#) where you can join the online fun!! Play fun games, look up your favourite characters and watch inspiring videos.



## Headspace

Why not try and [learn how to meditate](#), sleep better and breathe slower! Free support!

## Mindfulness for your everyday life

Stress less. Move more. Sleep soundly.



# Keep Active!



Why not try some dancing with [Oti Mabuse](#) from Strictly Come Dancing and The greatest Dancer!

Move your body to The Greatest Showman, Frozen or Hairspray all our favourite musicals.

## Art Challenge!

Show us what you've been up to in quarantine...we would love to see what you're making!  
Send photos to:

[SENandInclusion@peterborough.gov.uk](mailto:SENandInclusion@peterborough.gov.uk)

\*Please Note: We cannot publish any photos containing images of people.



Sienna, aged 4

- Why not make a nature documentary of what creatures are living in your garden?
- Create a magic potion and send us a photo!

**Family Fun Ideas**